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Abstract
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Sex differences in thickness, and folding developments throughout the cortex

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ABSTRACT

While significant differences in male and female brain structures have commonly been reported, only a few studies have focused on the sex differences in the way the cortex matures over time. Here, we investigated cortical thickness maturation between the age of 6 to 30 years, using 209 longitudinally-acquired brain MRI scans. Significant sex differences in the trajectories of cortical thickness change with age were evidenced using non-linear mixed effects models. Similar statistical analyses were computed to quantify the differences between cortical gyrrification changes with age in males and females. During adolescence, we observed a statistically significant higher rate of cortical thinning in females compared to males in the right temporal regions, the left temporoparietal junction and the left orbitofrontal cortex. This finding is interpreted as a faster maturation of the social brain areas in females. Concomitantly, statistically significant sex differences in cortical folding changes with age were observed only in one cluster of the right prefrontal regions, suggesting that the mechanisms underlying cortical thickness and gyrrification changes with age are quite distinct. Sexual dimorphism in the developmental course of the cortical maturation may be associated with the different age of onset and clinical presentation of many psychiatric disorders between males and females.

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Introduction

There is an increasing recognition of the importance of atypical brain development in the emergence of mental diseases (Insel and Wang, 2010). As nearly all mental disorders have different prevalence, age of onset, and symptomatology between males and females, an understanding of the sex differences in brain development is highly pertinent for the investigation of the pathological development in a mental disorder (Giedd and Rapoport, 2010). Given the central role played by the cerebral cortex with regard to typical and atypical cognition, it has naturally been considered as a determinant factor in the onset of psychopathology. Therefore, an understanding of the sex differences in cortical development is one of the first fundamental steps for biological psychiatry.

Although initial morphometric studies pointed to sex differences in cortical volumes across broad age ranges (Giedd et al., 1996; Reiss et al., 1996; Sowell et al., 2007), the most recent studies emphasize the importance of measuring differences in the trajectories of cortical development (Raznahan et al., 2011). Indeed, longitudinal studies using large samples observed that the volumetric developments of almost all brain structures, including the cerebral cortex, are sexually dimorphic (Giedd et al., 2012; Lenroot et al., 2007). Nowadays, advances in image processing techniques provide the possibility to measure distinct structural features of the cortex with a fine-grained resolution, such as cortical thickness (Fischl and Dale, 2000) or cortical folding (Schaer et al., 2008). As a result, determining age-related changes in cortical thickness and cortical folding provides a more comprehensive study of sexual dimorphism on cortical development than studying cortical volume alone.

Cortical thickness has been shown to be highly sensitive to age, with regional specificities in the cortical maturation process (Shaw et al., 2008). Given previous observations of different cortical thickness trajectories as a function of cognitive abilities (Shaw et al., 2006) or in psychiatric diseases (Shaw et al., 2010), one could expect some extent of sexual dimorphism in cortical thickness trajectories. However, to the best of our knowledge, only one study using a longitudinal sample of healthy individuals reported sex difference in cortical thickness maturation to date (Raznahan et al., 2010). In the age range of 9 to 22 years, Raznahan et al. found that the cortical thinning rate was significantly greater in males in left frontopolar regions, with greater initial thickness in males in those regions. They speculated that the frontal maturation delay in males may partially account for the fact that, during adolescence, males are much more prone to impulsive and risk-taking behaviors than females.

Contrary to cortical thickness, cortical folding (gyrrification) is typically investigated to reveal information on the early brain development. Therefore, little is known on developmental changes in gyrrification. However, Raznahan et al. (2011) recently provided some evidence that, at the global level, cortical surface area and gyrrification index have nonlinear and sexually dimorphic developmental course. This interesting finding warrants further exploration of potential sex differences in the regional development of cortical folding. Indeed, a recent
normative study revealed regional specificities in gyrification changes with age between 20 and 85 years old, with non-linear trajectories being observed exclusively in the frontal lobe (Hogstrom et al., 2012). This cross-sectional study, however, did not address the question of sexual dimorphism in the regional trajectories of gyrification.

To address these key questions of the sexual dimorphism in the development of the different cortical features, we studied the sex differences in cortical thickness and folding development at thousands of points over the cortex. We employed a multilevel data analysis on a longitudinal data comprising 209 brain MRI scans acquired from healthy subjects.

**Material and methods**

**Sample characteristics and image acquisition**

The sample consisted of 137 healthy individuals of whom 68 are males and 69 are females. The subjects were recruited through a newsletter distributed in Geneva, Switzerland. A complete medical history was used to screen the participants. Those with a history of past or present neurological or mental disorders were excluded. In addition, we collected parent report for children below the age of 11 (CBCL, Manual for the child behavior checklist/4–18 and 1991 profile) and self-report for older participants (YSR after the age of 11 years old, Manual for the Youth Self-Report and 1991 profile; and ASR after the age of 18, manual for the ASEBA adult forms and profiles) to quantify behavioral problems. In average, the participants had the following T-score obtained from the CBCL, YSR or ASR: 50.6 ± 9.3 for the internalized problems and 49.9 ± 9.4 for the externalized problems (data missing for 7 participants). Most of the participants scored below the clinical threshold for internalized (10 scored had scores ranging from 64 to 74, six of which were females) and externalized problems (14 had scores ranging from 64 to 72, nine of them were males). The detailed distribution of internalized and externalized scores in each sex group is provided in Supplementary Table 1. Written informed consent was received from all of the subjects, and the parents of the subjects younger than 18 years of age, in accordance with protocols approved by the institutional review board of the medical school of the University of Geneva.

We acquired 209 cranial MRI scans. Ninety-five of them were acquired from males in the age range of 6.3 to 29.7 years, and 114 of them were from females in the age range of 6 to 28.8 years. As depicted in Fig. 1, repeated MRI scans were available for a large proportion of the participants, with up to 4 scans per subject. As shown in Supplementary Table 1, there was no significant difference in the distribution of age, socio-economic and cognitive variables between sex groups.

The cerebral MRI were acquired using two different scanners: 90 of the images were acquired using a T1-weighted 3D volumetric pulse sequence using a Philips Intera 1.5 T scanner as a series of 124 contiguous coronal slices, with a voxel size of 0.9375 × 0.9375 × 1.5 mm (TR = 35 ms, TE = 6 ms, flip angle = 45, NEX = 1); and 119 of the images were acquired using a Siemens Trio T3 scanner as a series of 192 contiguous coronal slices, with a voxel size of 0.86 × 0.86 × 1.1 mm (TR = 2500 ms, TE = 3 ms, flip angle = 8). The gender distribution was similar for the data collected on the 1.5 Tesla scanner (males: 41/90 = 45.6%) and on the 3 Tesla scanner (males: 54/119 = 45.4%, Pearson’s Chi Square = 0.980). There was no significant difference between the ages corresponding to the 90 scanners acquired on the 1.5 Tesla machine (15.13 ± 6.45 years old, range: 6.03–29.67) and the ages corresponding to the 119 scanners acquired on the 3 Tesla machine (16.25 ± 5.66 years old, range: 6.24–28.85, p = 0.186).

**Image processing**

The images were imported into the FreeSurfer software (http://surfer.nmr.mgh.harvard.edu) for processing. Fully automated image processing started by resampling into cubic voxels, intensity normalization and skull stripping. Triangle meshes which represent the boundary between the white and gray matter (hereafter, white surface), and the boundary between the gray matter and cephalospinal fluid (hereafter, pial surface) were generated using deformation algorithms based on the local intensity value (Dale et al., 1999), and geometrical and topological constraints (Fischl et al., 2001).

The cortical thickness was estimated at each vertex as the shortest distance between the meshes representing the white and pial surfaces (Fischl and Dale, 2000). As a result, cortical thickness values with a submillimeter accuracy were available at about 150,000 vertices on each mesh representing the surface of a cerebral hemisphere. The algorithms used to estimate the cortical thickness were previously validated against manual delineation on MRI sections (Kuperberg et al., 2003) and postmortem brains (Rosas et al., 2002). Moreover, the cortical thickness estimations have been proven reliable, independent of the scanner manufacturer or the field strength (Han et al., 2006). We quantified the cortical folding at each cortical vertex using the local gyrification index (GI), a validated method embedded in FreeSurfer (Schaer et al., 2008).

![Fig. 1. Distribution of the brain MRI scans across the subjects. The data points from a single subject are connected by a dotted line. The data from the males, and females are colored blue, and red, respectively.](image-url)
Once the meshes were prepared for all the subjects, they were registered to the spherical atlas nearest to FreeSurfer, which utilized the individual cortical folding patterns to match the cortical geometry across the subjects (Fischl et al., 1999).

To increase the signal to noise ratio, the cortical thickness, and gyrification index were smoothed on the cortical surface using a full width at half maximum (FWHM) kernel of 30 mm for the cortical thickness and 10 mm for the gyrification index. The relatively large FWHM for cortical thickness was chosen in order to increase the reliability between the two different scanners used in this study.

We conducted a reliability analysis for 20 subjects who underwent cerebral MRI acquisitions with both the 1.5 T and the 3 T scanner on the same day. The images were processed using the pipeline for within-subject template estimation (Reuter et al., 2012). A high cross-scanner vertex-wise consistency in cortical thickness estimation was confirmed using the Cronbach’s alpha score (alpha > 0.9 for 89% of the vertices of the left hemisphere, and 90% of the vertices of the right hemisphere). Similarly high consistency was observed for the local gyrification index (alpha > 0.8 for 89.1% of the vertices of the left hemisphere, and 87.4% of the right hemisphere). The vertex-wise values of the Cronbach’s alpha, detailing the regions of higher and lower consistency for both the cortical thickness and the IGI, are depicted in the Supplementary Fig. 1.

Data analysis

Our longitudinal study produced multilevel data as the subjects were nested within the sample. The ideal method to analyze the statistical relationships among the variables, in such a data set is multilevel modeling (Dedrick et al., 2009). Therefore, we developed multilevel models for the relationships among cortical thickness, sex, and age; and gyrification index, sex, and age throughout the cortex. We proposed constant, linear, quadratic and cubic random intercept models for the relationships. The linear model is given by Eq. (1):

\[ y_{ijk} = \beta_0 + u_{ijk} + \beta_1 x_i + \beta_2 x_j + \beta_3 x_k + \epsilon_{ijk}. \]  

where \( y \) : cortical thickness or gyrification index  
\( i,j,k \) : [subject, scan, vertex] index  
\( \beta_0-3 \) : fixed effects  
\( u \) : normally distributed random effect  
\( x \) : dummy variable encoding the sex  
\( \epsilon \) : normally distributed error term.

For each vertex on the mesh for a cerebral hemisphere, we fitted the constant, linear, quadratic and cubic models to the data using the nlmeefit function in MATLAB R2012a (MathWorks). We used a Bayesian information criterion (BIC)-based model selection method, as the BIC-based methods are one of the most powerful model selection methods for the mixed models (Peng and Lu, 2012). The BICs for the fitted models were also computed by the nlmeefit function. Even though the best model solely according to the BICs is the one with the minimum BIC, evidence to favor that model over a model whose BIC difference with that model is less than 2, is not worth more than a bare mention (Neath and Cavanaugh, 2012). Since Occam’s razor is followed in statistical modeling (Lazar, 2010), we selected the simplest model among the models whose BIC difference with the model with the minimum BIC was less than 2.

We investigated sex differences in thickness, and folding developments at each vertex by testing the statistical significances of the sex–age interaction effect on the cortical thickness, and the local gyrification index, using likelihood-ratio test. In other words, we tested if the models we developed fitted to the data significantly better than the null models which exclude the sex–age interaction terms. Then, we performed correction for multiple comparisons using the Monte Carlo method based technique embedded in FreeSurfer.

Results

We produced brain maps showing the development types of cortical thickness, and cortical folding; and the sex differences in cortical thickness development, and cortical folding development.

Fig. 2a shows the cortical thickness development types across the cortex. The development types were almost symmetric between the hemispheres. Constant cortical thickness development (i.e. no significant change in cortical thickness with age) was found mostly in the temporal pole, and the occipital pole. The development was linear in large regions, mostly in the posterior frontal regions, the superior frontal regions, the temporal regions, and the orbitofrontal areas. A quadratic development was mostly found in the lateral prefrontal regions, the medial prefrontal regions, and the parieto-temporo-occipital junction; and medially around the precuneus. A cubic development was observed only in a small region in the right pregenual cingulate cortex.

As shown in Fig. 2b, cortical folding development types were also almost symmetric between the hemispheres. Curves of cortical folding changes with age were linear in most of the cortical regions. Nevertheless, we observed a constant development (i.e. no change with age) in the medial prefrontal regions, the occipital lobe, and some regions in the temporal lobe. A quadratic development was observed in small regions in the frontal lobe, and the parietal lobe. Cubic cortical folding development was found only in a tiny region in the left inferior or parietal lobe.

Fig. 3a shows the sex differences in cortical thickness development across the cortex. In the right hemisphere, the differences were statistically significant mostly in the temporal regions where the average cortical thinning rate was greater in females, and the occipital lobe where the rate was greater in males. In the left hemisphere, the difference was statistically significant mostly in the anterior temporal regions, the temporo-parietal junction, the superior frontal regions, and the orbitofrontal regions. In those regions, the thinning rate was greater in females. Fig. 3b shows the differences in cortical folding development across the cortex. We found statistically significant sex differences in cortical folding development mostly in the right prefrontal regions where the average unfolding rate (the rate of IGI decrease with age) was mostly greater in males.

For visualization purposes, the curves with the most statistically significant sex differences in cortical thickness and folding changes with age are plotted in Fig. 4.

Finally, we recorded video clips to show the sex differences in cortical thickness at each age (Supplementary movie 1 for the right hemisphere, Supplementary movie 2 for the left hemisphere). Similar video clips were created for the sex differences in local gyrification index at each age (Supplementary movies 5 and 6, for the right and respectively left hemispheres).

Discussion

We investigated the sex differences in cortical thickness development, and cortical folding development throughout the cortex, in the age range of 6 to 30 years. Four main observations emerged from our longitudinal analysis, which will be sequentially discussed: a) in the entire sample, we observed that the more complex trajectories of cortical thickness were symmetrically localized in cerebral regions sustaining higher order cognition, such as the prefrontal region, the temporoparietal junction and the precuneus; b) in further statistical group comparisons, we evidenced significant sex differences in cortical thickness development, most prominent in the right temporal regions but also in the left anterior temporal, left orbitofrontal and left medial superior frontal regions; c) in contrast to cortical thickness,
Gyriﬁcation in most of the cortical regions was shown to be either constant or linearly decreasing with age, pointing to a process less affected by age-related maturational changes; d) statistically signiﬁcant sex differences in cortical folding development were found in the right prefrontal region.

Complexity of cortical thickness trajectories

The regions in which we observed the more complex trajectories of cortical thickness changes with age, namely a quadratic function, strikingly correspond to cerebral areas responsible for higher order cognitive functions. Indeed, the prefrontal region, the temporoparietal junction and the precuneus are cortical regions known to be key in the integration of the information stemming from different areas. The prefrontal cortex is a large region thought to be responsible for many of the high order cognitive processes, such as socio-emotional and executive functioning. For instance, the medial prefrontal cortex plays a role in cognitive empathy (Shamay-Tsoory, 2011) and the dorsolateral prefrontal region is crucial for planning and decision making. The prefrontal region is typically known to mature later than the other cortical regions (Teffer and Semendeferi, 2012). Aside from the prefrontal region, quadratic growth of cortical trajectories was also observed in the left superior temporal sulcus, responsible for biological motion processing and interpretation of other’s actions (Thompson and Parasuraman, 2012), in the temporoparietal junction (theory of mind and representation of other’s mental states (Samson et al., 2004; Saxe and Wexler, 2005)), and in the precuneus (self-consciousness and self-related mental imagery (Cavanna and Trimble, 2006)).

For more than a decade, cortical maturation has been described to follow a heterochronous and curvilinear trajectory of cortical maturation with age (Giedd et al., 1999). Thanks to the increased spatial resolution allowed by cortical thickness analysis, the hypothesis that complex trajectories are observed in more evolved cortical regions has been previously raised (Shaw et al., 2008). Shaw and colleagues used longitudinal mixed model in a large sample of healthy participants and observed that age-related maturation in most of the isocortices was following a cubic pattern of cortical thickness changes with age, whereas simpler trajectories were observed in the allocortex or transition cortex. To some extent, the present results corroborate their findings. Indeed, in their study, the lowest complexity of maturation’s trajectory was observed in the entorhinal cortex. However, it is striking to note that they found that the development of almost all the neocortical areas was following a cubic trajectory, whereas we observed that these regions had mostly a quadratic or a linear pattern of changes. Even if our smaller sample size could explain the observed difference, we would like to emphasize that an optimized model selection could also improve the discrimination between the different areas, by guarding against overﬁtting. Statistically, a model encompassing more explanatory variables, like the cubic model, is more prone to be statistically signiﬁcant than a model with less explanatory variables, like the linear. To cope with this overﬁtting issue, we used the Bayesian criterion that selects the better model among four different models.

Sex differences in cortical thickness maturation

Along with providing a description of regional speciﬁcities in the type of developmental trajectories, we also demonstrated the ability...
of our method to evidence statistically significant group differences in the shape of these trajectories. Over the last decade, an increasing interest has emerged for the quantification of between groups developmental differences using large-sized longitudinal samples. Previous studies have shown that differences in the maturation are associated with IQ level (Shaw et al., 2006), attention-deficit hyperactivity disorder (Shaw et al., 2007), childhood onset schizophrenia (Sporn et al., 2003) or pediatric bipolar disorders (Gogtay et al., 2007). Related to sexual dimorphism, many studies pointed global and regional differences in volume, cortical thickness or shape (see (Luders and Toga, 2003) or pediatric bipolar disorders (Gogtay et al., 2007). Related to sexual dimorphism, many studies pointed global and regional differences in volume, cortical thickness or shape (see (Luders and Toga, 2003) or pediatric bipolar disorders (Gogtay et al., 2007). 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sulcus may play a role in the interpretation of other’s actions (Thompson and Parasuraman, 2012), and the orbitofrontal region implicated in decision-making based on expected reward (Rolls and Grabenhorst, 2008), but also more specifically in social decision-making (Seo and Lee, 2012). It has to be noted that we did not identify any significant sex difference in the maturation of the ventromedial prefrontal region, a region commonly identified as belonging to the “social brain” and consistently activated when thinking about self or about close-others. However, we observed sexual dimorphism in the maturation of the dorsomedial prefrontal region, a region which has been related to similar processes but with lower degree of self-relatedness (i.e. thinking to non-close others) (Murray et al., 2012). From a global perspective, the ensemble of these regions leads us to speculate that faster cortical maturation of the social brain in females could be related to their relative advantage in empathizing (reviewed in (Baron-Cohen, 2002)), with better decision-and-sex differences

 Aside from measuring cortical thickness trajectories, we also examined the changes in local gyrification index with age. Traditionally, the gyrification index (GI) was thought to be a stable feature, unchanged from the first months of postnatal life until elderliness (Armstrong et al., 1995). This lifetime stability has led to the idea that cortical folding or GI alterations convey information on pre- or perinatal disruption in the brain development (Gimenez et al., 2006; Kesler et al., 2006). However, more recent tools for measuring gyrification, such as the IGI, were shown to significantly decrease with age (Schaer et al., 2008). In the absence of significant age-by-diagnosis interaction, the IGI was still most commonly interpreted as an index of early brain development, as it successfully discriminates between population with early insults compared to controls (Haukvik et al., 2012; Schaer et al., 2009). Recently, a cross-sectional study including healthy adults from 20 to 85 years old has however observed that IGI follows a quadratic development in the superior and medial frontal regions (Hogstrom et al., 2012), with larger rates of IGI decrease with age in individuals older than 60 than in young adults. The observation of a quadratic trajectory of IGI with age provides a first evidence that IGI is not only affected by a linear, unmodulated process, and leads to the idea that IGI could also be used to measure neurodegenerative changes. The higher rate of IGI decrease in older individuals could rely on the previously observed decreased sulcal depth with increasing age (Kochunov et al., 2005). In this study, we detailed the regional specificities in the IGI trajectories using sophisticated model selection and a longitudinal design. In the period of 6 to 30 years old, we observed that IGI in most of the regions showed either no change at all with age, or decreased linearly with age. The relative absence of quadratic trajectories as observed by Hogstrom et al. (2012) could be attributed to the younger age span of our sample. Indeed, the relatively simple trajectories of IGI changes with age over the 6 to 30 years period, as compared with the more complex cortical thickness trajectories at the same age, strengthen the view that IGI...
may be less adapted to follow maturational changes during childhood and adolescence than cortical thickness. However, it is possible that MRI is sensitive to neurodegenerative changes in older individuals.

We further looked at sex differences in gyrirophysiological trajectories, and identified only one prefrontal cluster, in which the slope of the IGI decrease with age was steeper in males than females. According to the possible mechanism explained above, higher rate of IGI decrease with age in males compared to females could be related to a more rapid decrease in their sulcal depth. Indeed, Kochunov et al. (2005) pointed to sex differences in sulcal depth changes with age that are coherent with the direction of changes observed here, but the location of the difference in the collateral, cingulate and superior temporal sulcus is not coherent with the prefrontal cluster identified here. Further studies are warranted to replicate the finding of sex differences in gyrirophysiological developmental trajectories and understand the meaning of this difference.

Conclusions

In summary, we showed that cortical thickness maturation differs between males and females in large regions, with more rapid thinning in females in cortical areas largely corresponding to the social brain. More rapid cortical thinning in males around the occipital pole could relate to difference in visual skills. We also demonstrated that the pattern of developmental changes affecting cortical thickness and cortical gyriphysis clearly differ, as there is no one-to-one mapping between the degree of cortical thickness and gyrirophysiological trajectories, and as sex differences in cortical thickness and IGI development are observed in different areas. This discrepancy further supports the hypothesis that these two cortical features are likely to be altered by different maturational processes (Schaer and Eliez, 2009). One limitation of the present study is that we can only speculate on the processes that drive these differences. The recent paper by Raznahan et al. (2011) presents an interesting framework to examine the contribution of thickness and surface on cortical volume. Future work may explore how this framework could be adapted to a local, vertex-wise analysis.

Supplementary data to this article can be found online at http://dx.doi.org/10.1016/j.neuroimage.2013.05.076.

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