Propofol, amobarbital… is it the substance that matters, or the question about the role of the Wada test in brain tumor patients?

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Selective Propofol Injection into the M1 Segment of the Middle Cerebral Artery (MCA Wada Test) Reduces Adverse Effects and Enhances the Reliability of the Wada Test for Determining Speech Dominance

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OBJECT: The Wada test is had been the most reliable for determining speech dominance. Drugs injected into the internal carotid artery, however, may be heterogeneously distributed as the result of asymmetry of the anterior cerebral arteries and the presence of a fetal-type posterior cerebral artery. Variations in drug distribution could occasionally alter consciousness and complicate the evaluation of the test results. We examined selective propofol injection into the M1 segment of the middle cerebral artery (MCA Wada test).

METHODS: For the MCA Wada test (17 patients), 7 or 8 mg of propofol was injected via a microcatheter navigated into the M1 segment, and language function was evaluated by patient performing several tasks. The conventional Wada test (internal carotid artery [ICA] Wada test) was performed in four patients (both the ICA and MCA Wada tests were performed in one patient). The efficacy and adverse effects of both procedures were evaluated; all tests were performed by well-trained interventional neuroradiologists.

RESULTS: Immediately after propofol injection during the MCA Wada test, patients developed transient contralateral hemiplegia and transient aphasia (in the case of injection on the dominant side). Confusion and other severe adverse effects did not occur during the MCA Wada test, but two of four patients who underwent the ICA Wada test showed altered consciousness that affected the performance of the test.

CONCLUSIONS: The MCA Wada test is a feasible and reliable preoperative evaluation, if performed by a trained team of interventional neuroradiologists.

INTRODUCTION

Although several noninvasive modalities are available for the evaluation of speech function, such as functional magnetic resonance imaging (fMRI), magnetoencephalography, and near-infrared spectroscopic topography, the Wada test is used for determining speech dominance before surgery for brain tumors because it is the most reliable method (1, 3). Before the surgical resection of tumors or other lesions that are located near the speech center, it is crucial to identify the dominant hemisphere definitely and choose an appropriate surgical strategy, such as awake craniotomy or usual craniotomy under general anesthesia. Information of language examinations when a certain area of the cortex is suppressed is more reliable than those when activated. Of the aforementioned preoperative examinations, only the Wada test involves temporary suppression of brain function and the injection of anesthetics into the carotid artery for the evaluation of speech dominance (1, 3). Propofol is frequently used to perform the Wada test because, nowadays, amobarbital is not available in many countries (5, 7). However, the injection of propofol into the internal carotid artery (ICA) has been reported to induce disturbance of consciousness, which obscures the results of the Wada test. Takayama et al. (7) and Mikuni et al. (5) reported that adverse effects occurred during the performance of the Wada test in approximately one-third of patients. Drug distribution after injection into the ICA probably varies from patient to patient, depending on the topography of the cerebral arteries, which in turn mainly depends on the structure of the circle of Willis. The drug may be delivered to the brainstem via the branches of a fetal-type posterior cerebral artery (PCA) or to both medial frontal lobes via the anterior communicating artery. To minimize such variations in drug distributions, reduce the frequency and severity of adverse effects, and improve the reliability of the test, we propose that super-selective injection of propofol into the M1 portion of middle cerebral artery (MCA) be used to determine speech dominance in patients with brain tumors.

METHODS

Subjects

During the course of 3 years (from March 2006), 20 brain tumor patients underwent Wada tests for the preoperative evaluation of language dominance. All the patients had intrinsinc tumors within or around one of the...
<table>
<thead>
<tr>
<th>Patient Number</th>
<th>Age, Years</th>
<th>Handed-ness</th>
<th>Pathological Diagnosis</th>
<th>Tumor Location</th>
<th>Type of Wada Test</th>
<th>Injection Amount of Propofol</th>
<th>Disturbance of Consciousness</th>
<th>Other Adverse Effect</th>
<th>Topography: PCA and PcomA</th>
<th>Topography: ACA</th>
<th>Topography: ACA</th>
<th>Dominant Hemisphere</th>
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<td>1</td>
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<td>R</td>
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<td>Left insular cortex and basal ganglia</td>
<td>ICA</td>
<td>4</td>
<td>Mild</td>
<td>Eye diversion to right, left-sided hemianopsia, spatial agnosia</td>
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<td>No PcomA</td>
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<td></td>
<td>MCA</td>
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<td>No PcomA</td>
<td>Bil. ACA, transient</td>
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<td>Mild</td>
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<td>No PcomA</td>
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<td>Bil. ACA, transient</td>
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<td>14</td>
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<td>Glioblastoma</td>
<td>Left temporal lobe</td>
<td>MCA</td>
<td>9</td>
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<td>Involuntary movement of left hand, continuation of oral counting</td>
<td>Transient visualization</td>
<td>Bil. ACA, transient</td>
<td>No PcomA</td>
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speech centers on anatomical images and still maintained good speech function. Informed consent was obtained before the test from all patients according to the clinical research protocol approved by the institutional review board of Nagoya University Hospital. The Wada test with propofol injection into the ICA (ICA Wada test) was performed in four patients (seven procedures), and the Wada test with super-selective injection of propofol into the MCA (MCA Wada test) was performed in 17 patients (34 procedures). The effectiveness of the test (determination of speech dominance), adverse effects during the procedure, and complications after the procedure were evaluated. One patient underwent both ICA and MCA Wada tests because the injection of propofol into the right ICA induced disturbance of consciousness and no language tasks could be performed.

Angiographic Findings of the Circle of Willis

Cerebral angiography was performed in all patients at the same time, and 6 mL of contrast medium (Iopamiron 300; Bayer Schering Pharma, Osaka, Japan) was injected into the ICA at the rate of 4 mL/s. The posterior communicating artery (PcomA) and PCA were visualized and grouped on the cerebral angiogram as follows: both PcomA and PCA not visualized, group P1; PcomA and PCA transiently visualized, group P2; and fetal-type PCA, group P3. Findings of anterior cerebral artery (ACA) were also grouped as follows: ACA not visualized, group A1, ACA visualized unilaterally: group A2, both ACAs visualized transiently: group A3, and both ACAs clearly visualized; group A4.

ICA Wada Test Procedure

The Wada test was performed on both hemispheres for each patient, first on the suspected nondominant side and then on the suspected dominant side. The ICA Wada test was performed as described by Takayama et al. (7). In brief, a 4-Fr. catheter (Selecon PA; Cinical Supply Co. Ltd., Gifu, Japan) was inserted into the ICA via the transfemoral route. To test for retrograde amnesia, patients were instructed to memorize a word and a card. They started counting aloud from the number one while opening and closing the hand on the side contralateral to the injected artery. When they had counted to seven, 10 mg of
propofol in 10 mL of saline solution was manually injected at the rate of 1 mL/s. If 10 mg of propofol did not produce paresis of the contralateral extremities, up to 3 mg of propofol was administered as a bolus. The patients performed language tasks, including picture naming, reading, repetition, comprehension of spoken commands, calculation, and orientation. Language function was evaluated at 3 minutes after the initiation of propofol injection.

Memory-retention tests were initiated after language function returned to normal, usually 5–10 min after the injection of propofol. After the completion of all tasks, another angiogram was obtained to assess catheter position and adverse vascular events such as occlusion and spasm of the cerebral arteries.

**MCA Wada Test Procedure**

In the MCA Wada test, a 4- or 5-Fr. guiding catheter was introduced into the ICA via the femoral approach, and then a 0.021-inch internal diameter microcatheter (eg, Rapid Transit; Cordis Neurovascular Inc., Miami Lakes, FL) was navigated into the M1 segment of the MCA with a microwire guiding. After the injection of the contrast medium through the microcatheter, both the frontal and temporal branches of the MCA were clearly visualized on the angiogram with minimal influence of laminar blood flow. The microcatheter was carefully placed so that it was not wedged into a perforator. These microcatheterization was performed by well-trained interventional neuroradiologists. Women were administered 7 mg of propofol and men 8 mg of propofol. Additional propofol (up to 3 mg) was administered when contralateral hemiplegia was not observed at these doses. The rest of the procedure of the MCA Wada test was identical to that of the ICA Wada test. Assessment of catheter position and adverse vascular events were also performed before the withdrawal of the microcatheter.

**RESULTS**

Table 1 displayed the summary of clinical characteristics of 20 patients who underwent ICA and MCA Wada tests and adverse effects during the procedure. Both ICA and MCA Wada tests were performed in one patient.

**ICA Wada Test**

All four patients demonstrated contralateral hemiplegia after the injection of up to 10 mg of propofol (total dose). Three patients showed moderately or severely altered consciousness; those symptoms were all transient and there was no remaining adverse effect. The right hemisphere could not be evaluated at all in one patient (who is presented in the section “Illustrative Case”). Another patient fell into a coma, and several minutes elapsed between the injection of propofol and the initiation of tasks, shortening the time window for the tasks and complicating the interpretation of the results obtained. One patient demonstrated mild tendency to sleep, as well as head and eye version, which occurred together. This patient had to be kept awake by some stimulation during the task; nevertheless, the test results were sufficiently clear to identify the dominant hemisphere.

**MCA Wada Test**

All 17 patients developed contralateral hemiplegia immediately after the injection of propofol into the M1 segment. Additional propofol was administered during 2 of the 34 procedures (2 mg of propofol in each) to produce complete hemiplegia. All patients also showed aphasia or dysphasia affecting at least one side. Apathy or mild alteration of consciousness was observed in six patients (seven procedures). These symptoms, however, were very mild and did not hinder the determination of speech dominance. No patients experienced severe adverse effects such as increased muscle tone with twitching and rhythmic movements or tonic posture. Mild and transient involuntary movements of the contralateral extremities, however, were frequently observed. Further, seven patients (nine procedures) showed flexion of the contralateral extremities, preservation of the opening and closing movements of the hands, etc., for a few minutes after injection of propofol. Hemiparesis fully recovered within 4 minutes and speech function within 10 minutes. No permanent complications were observed after the Wada test in this series.

**Angiographical Findings of the Circle of Willis**

The summary of angiographic findings of the circle of Willis with injection of the contrast medium into the ICA also is displayed in Table 1. Of 40 hemispheres, transient visualization of the PCA (group P2) was noted in 11 (27.5%), and fetal-type PCA (group P3) in 14 (35%). Both ACAs were transiently visualized (group A3) and continuously visualized (group A4) in 21 (52.5%) and 3 (7.5%) hemispheres, respectively.

**ILLUSTRATIVE CASE**

A 57-year-old right-handed man presented with generalized convulsive seizures. An MRI study revealed a left temporal tumor extending into the left parietal lobe with intratumoral hemorrhage (Figure 1A, 1B). Clinical signs and symptoms and an fMRI study indicated that the dominant hemisphere for language function was the left hemisphere. To confirm this, the Wada test was performed preoperatively. First, the ICA Wada test was performed on the right hemisphere as described previously. Immediately after injection of 10 mg of propofol, the patient became unconscious and did not respond to any verbal questions and orders, and therefore, none of the tasks could be undertaken. Cerebral angiography revealed that both PCAs were of the fetal type: group P2 (Figure 1C). Both ACAs were independent: group A2 (Figure 1D). Therefore, super-selective injection of propofol into the right MCA was performed to avoid distribution of the anesthetic to the ACAs and the right PCA, which usually supplies the brainstem. Injection of anesthetic into these arteries may be partially responsible for the subsequent alteration of consciousness. The injection of 8 mg of propofol into the M1 segment of the right MCA did not induce disturbance of consciousness. The patient was able to correctly reply to questions and obey verbal commands. The same dose of propofol was injected into the M1 segment of the left MCA, and clear symptoms of aphasia without alteration of consciousness were observed. These findings strongly suggested the left hemisphere was the dominant hemisphere for language function.

**DISCUSSION**

The accuracy and quality of the surgical resection of brain tumors, especially gliomas, has remarkably improved since the introduction of image-guided surgery and awake craniotomy. With the use of sophisticated image-guided surgery, total resection or near total resection of gliomas is being increasingly reported along with im-
provement in patient survival (2). However, the more extensive the resection, the greater is the risk of postoperative neurological deficit, especially in the case of tumors located near eloquent areas such as the speech centers. Awake craniotomy is one of the accepted strategies for resecting tumors located near the speech centers while avoiding postoperative aphasia (6). During awake craniotomy, language mapping is performed by the use of direct electrical stimulation of the cortex to localize important speech areas. The success of awake craniotomy depends on the preoperative determination of speech dominance and the acquisition of information about language function when the area in and around the lesion is suppressed. The resection of an activated cortical area identified on fMRI and magnetoencephalography with language tasks does not necessarily translate into postoperative neurological deficit. Conversely, the resection of inactive cortical areas does not guarantee freedom from neurological complications. The Wada test evaluates language function when the cortex is suppressed, and therefore, this test is still the most reliable and important examination for the preoperative evaluation of speech dominance in patients with lesions that are located around the speech centers (1, 3).

Because amobarbital is not available in many countries, propofol frequently is used during the Wada test. However, the Wada test with propofol injection is associated with relatively frequent adverse effects, including altered consciousness (5, 7). These adverse effects have an apparently negative influence on the reliability of the Wada test. In our small series of patients who underwent ICA Wada tests, disturbance of consciousness was observed in three of four patients, and the disturbance was severe in two patients. Mikuni et al. (5) reported the adverse effects of propofol injection into the ICA during the Wada test. They found moderate and severe side effects in 13 of 58 (25%) patients (5). The side effects included altered consciousness or confusion (six patients) and increased muscle tone with twitching and rhythmic movements or tonic posture (seven patients). The frequency and severity of intraprocedural disturbance of consciousness were apparently lower during the MCA Wada tests than during the ICA Wada tests in our study and in the Wada tests in the abovementioned study. In our study, no severe adverse effects.
Regarding the technical aspects of selective MCA injection, maneuvering of the microcatheter is mandatory. The catheter tip must be located in the proximal M1 segment, and all M2 branches should be visualized on the angiogram. We used 7 mg of propofol in female patients and 8 mg in male patients. Additional injection of anesthetics for the complete paralysis of the contralateral extremities was required in 2 of 34 procedures (additional dose, 2 mg each; one male and one female patient). The MCA Wada test requires lower doses of propofol than the ICA Wada test, in which 10–15 mg is used for brain tumor patients. Thus, the effect of the drug on the whole brain is lower in the former test than in the latter. All patients demonstrated aphasia on injection of the anesthetic into at least one MCA. Paralysis of the extremities and aphasia were both transient, and the patients usually recovered within 4 and 10 minutes, respectively. Some patients started recovering from aphasia at 5 minutes. Therefore, we recommend that patients should be given language tasks within 5 minutes after the injection of the anesthetic.

The advantages of the MCA Wada test are as follows: decreased severity of side effects that influence the test results, more consistent determination of speech dominance, and requirement of low doses of anesthetics. Its disadvantage is that medial temporal lobe structures cannot be evaluated. Thus, this test cannot be used to evaluate memory dominance since the memory centers are usually in the territory of the PcomA and/or the PCA. A certain amount of skill is required to perform the MCA Wada test because it involves microcatheterization, and if the microcatheter manipulation is performed by surgeons who are not familiar with it, catheterization-related complications may occur. In our study, all procedures were performed by a team trained in intravascular treatment, and we have never encountered such complications. With dramatic technical and instrumental improvements, interventional neuroradiology has become the main therapy for many cerebral diseases. The MCA Wada test is a feasible and reliable preoperative evaluation, if performed by a trained team of interventional neuroradiologists.

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REFERENCES


